

Greek Gods: Five New Hotels That Promise Heavenly Holidays



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With a batch of exciting new openings on the cards for the summer ahead, it looks like **Greece** is back in the spotlight (or should that say, sunlight?) for those seeking hassle-free holidays.



(Credit: Euphoria)

Find yourself at Euphoria

Talking of which, if 'me' time is what you are after, then head to the **Greek Peloponnese**, and the **Euphoria Retreat**, a new holistic destination spa, which opens this summer and promises a unique blend of treatments and experiences, based around ancient Greek and Chinese philosophies.

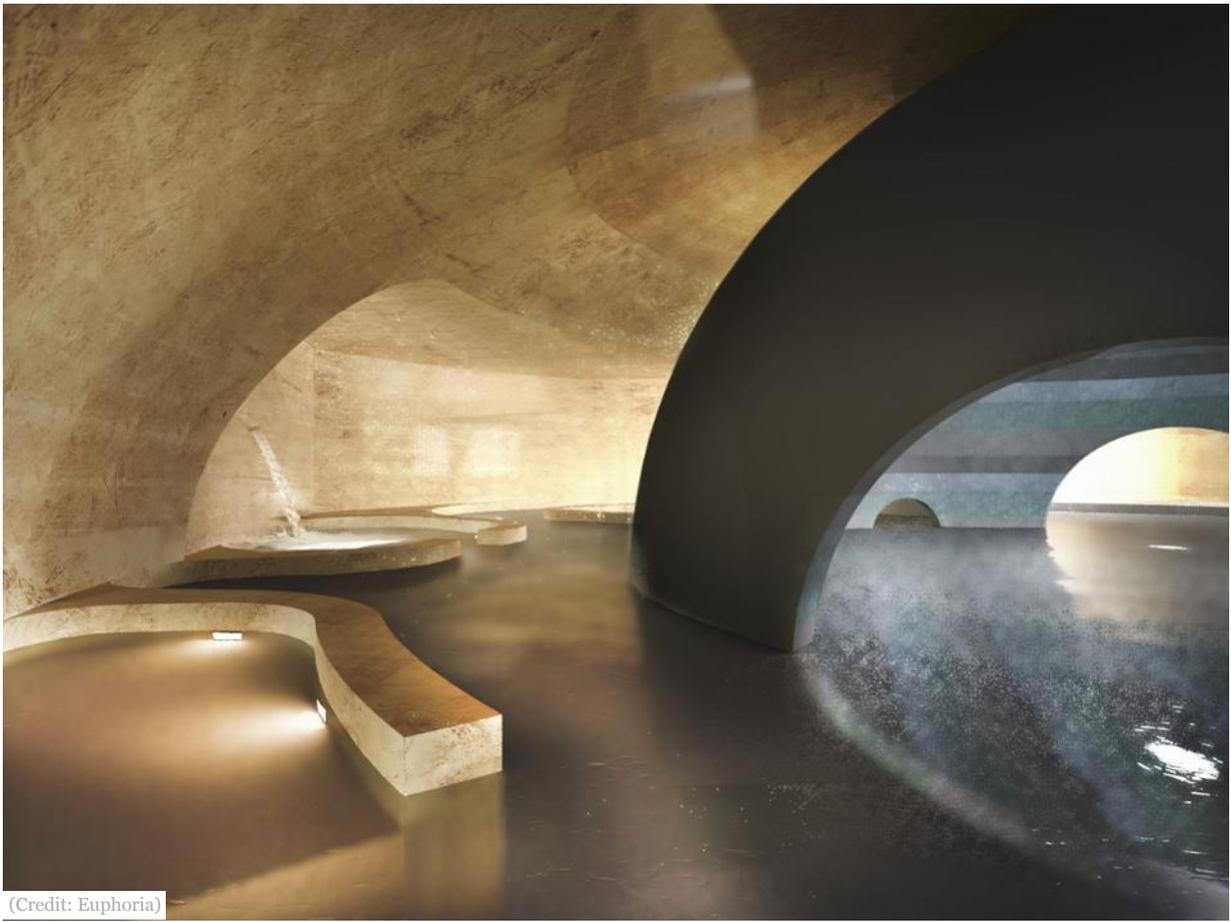
An hour from Kalamata, the retreat is found on the edge of the Byzantine town of Mystras, a 13th century Unesco World Heritage site, with a backdrop of mountains, forests and citrus groves. Taking Byzantine architecture and Greek iconography as inspiration, the design is dramatic with curvaceous architecture painted in gold and earthy colours.



(Credit; Euphoria)

The spa reception at Euphoria

Here it is all about transformation - of the mind or body – and programmes on offer are based around the elements of Earth, Fire, Water, Wood and Metal. Guests can book in for the signature seven-day transformational programmes. Cuisine, with ingredients sourced from the estate, has been devised by nutritional experts and served in the Gaia restaurant, which has sweeping views over the valley.



(Credit: Euphoria)

The sphere pool

As well as a range of outdoor activities – including forest hiking trails, biking, climbing and rafting – the spa is at the heart of Euphoria and is packed with pampering facilities. The offering is based around a 25-metre waterwell, where a spiral staircase leads to contrasting hot and cold footbaths. Take the plunge in the 'sphere' pool, watsu pool, Byzantine Ottoman hammam, infrared sauna and tepidarium – just a few of the wellness amenities on offer.