

WELLNESS

The Best Spas in Europe for a Pampering Escape

Ready to unwind?

By Lindsay Cohn Updated on March 13, 2019



Courtesy of Grand Resort Bad Dachs



Courtesy of Mr & Mrs Smith

Euphoria Retreat | Mystras, Greece

Perched in the mountains near the village of Mystras, [Euphoria Retreat](#) is the perfect getaway for couples who want to go all in on transformation and togetherness. This Byzantine-inspired destination spa blends ancient Greek philosophies, traditional Chinese medicine practices, and modern techniques. Pairs can opt for [cupping or take advantage of the hammam](#). There's also a tepidarium, infrared sauna, and sensory deprivation pool.