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METEOROLOGICAL ARCHITECTURE TO FIGHT CLIMATE CHANGE

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STADIUM, DIES



INTERIOR OF THE EUPHORIA RETREAT HOTEL SPA

PHOTO © COURTESY EUPHORIA RETREAT



*The long-awaited SUMMER issue is here*

Summer is here and this issue is dedicated, how could it be otherwise, to the long, warm and peaceful months that await us.

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# Five SPAS where DESIGN is inspiring and HEALING

*Spa culture has evolved to such an extent that architecture and design have become an essential part. These amazing examples are truly unique. You don't want to get out of them.*

BY GERMÁN JIMÉNEZ

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In their day, **spas** were a luxury, but today they are a standard in every hotel worth its salt. **New trends in personal care** are causing a powerful revolution in how these

spaces are considered. For years, like gyms, they were given the least favored floors or areas without great views. Today that is unthinkable, **design** has become the main key.

Many world travelers want to enjoy a relaxation area where they can get away from it all. In this sense, **architecture and interior design are playing a decisive role** in the transformation of these sanctuaries of well-being. With permission from the majestic **Terme di Vals**, designed by Peter Zumthor, we bring you five spas that go one step further. Here, design plays as important a role as the therapies that are applied. The Romans already said it: Salus Per Aquam.



Euphoria Retreat, a RETREAT to achieve happiness

### Euphoria Retreat - Past and Future

This **spa hotel** is located in the spectacular fortified city of Mithra, Greece. Its name, by itself, is a declaration of intentions that speaks to us of the desire to achieve a **state of full happiness**. Here it is achieved as a result of the inner transformation that you will obtain thanks to its programs based on ancient healing techniques from Greece and China.

Its Spa, the work of **DecaArchitecture** is a perfect example of how the architecture applied to these spaces can achieve surprising effects on its own. More than 3,000 square meters dedicated to **well-being, meditation and contemplation**. In the words of its creators, "this place is designed to be, at the same time, peaceful and subversive, meditative and mind-blowing, orderly and fluid." For this, the project was articulated through a choreographed transition of spaces in which light, sound, temperature, humidity, textures, materials and smells create immersive sensory experiences.

The indoor pool of the spa has a dark spherical structure in its center that is accessed through arches that represent doors to other dimensions. According to its creators, "floating inside this dark orb you have the sensation of **being suspended in the void, inside a platonic volume**, but also a sensation of calm similar to a uterus".



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