

ULTRATRAVEL

OUT OF THIS WORLD

IN THE PINK LUXURY

PRIVACY

PERFECTION

SPLENDID ISOLATION 50 HOLIDAYS JUST FOR YOU (AND YOURS)

WELLNESS HAVENS

Stretch your body and soothe your soul



EUPHORIA RETREAT The Peloponnese, Greece

Owned by Greek ex-banker Marina Efraimoglou, a woman with a passion for Greek and Taoist philosophies, Euphoria sits serenely on the edge of the 13th-century town of Mystras in the Peloponnese. Well-being here combines traditional Chinese medicine, Theta Healing, meditation and biomedicine. Forty-five rooms are scattered throughout three distinct buildings, including the beautiful six-bedroom private Leoncini heritage mansion with valley views across orange, lemon and olive groves. Book this and there's ample space to have treatments 'at home' in your room or the library, or your party can block out the entire four-storey spa (above) built into the mountainside, all Byzantine domes and elegant curves (the main pool is a womb-like affair with hydro jets and underwater dolphin music). There are new programmes designed for these uncertain times, and experts here help guests calm down, re-energise and boost immunity.

Healing Holidays can arrange exclusive use of the Leoncini mansion from £3,640 per night, healingholidays.com