

	Saturday Nov 12	Sunday Nov 13	Monday Nov 14	Tuesday Nov 15	Wednesday Nov 16	Thursday Nov 17
8 - 9 am		Yoga Class Cristina	Yoga Class Cristina	Yoga Class Cristina	Yoga Class Cristina	
Breakfast						
10.30 - 12.30		Feminine Alchemy Workshop Sophie	Mountain Walk	Feminine Alchemy Workshop Sophie	Five Elements Workshop Marina (Euphoria owner)	Depart - 9.30 am
Lunch - 1 pm						
Spa Time						
Chill Time						
4 - 6 pm		Shakti Workshop Cristina	Shakti Workshop Cristina	Group Hamam	Shakti Workshop Cristina	
Chill Time						
Dinner - 7 pm	Arrive and Dinner 9 pm				Dinner with Marina in Private Dining Room	
After Dinner		Sound Healing Bath Cristina	Labyrinth Walk	Sound Healing Bath Cristina		